



Food and Philosophy: Eat, Think, and Be Merry

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Food & Philosophy offers a collection of essays which explore a range of philosophical topics related to food; it joins *Wine & Philosophy* and *Beer & Philosophy* in the "Epicurean Trilogy." Essays are organized thematically and written by philosophers, food writers, and professional chefs.

- Provides a critical reflection on what and how we eat can contribute to a robust enjoyment of gastronomic pleasures
- A thoughtful, yet playful collection which emphasizes the importance of food as a proper object of philosophical reflection in its own right

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