



Sanidad del Nucleo del Abuso Sexual: Un Viaje de Esperanza (Spanish Edition)

Marti Wibbels, Traducido por Rosaura Zeghir

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El problema del abuso sexual es endemico en todo el mundo. Uno en cuatro ninas y uno en seis ninos seran abusados sexualmente a la edad de dieciocho anos. *El abuso sexual es con frecuencia mal interpretado o ignorado. Los sobrevivientes a menudo tienen miedo de hablar o se les dice que no lo hagan. Cada vez que alguien es silenciado, el problema crece. Como el cancer, la maldad que trae el abuso se multiplica cuando su presencia es ignorada.

Sanidad del Nucleo del Abuso Sexual aborda esta pandemia de frente, ofreciendo a los sobrevivientes de abuso la oportunidad de que sean sanos y de transformar sus vidas. El dano extensivo producido por el abuso ocurre en el nucleo del ser de la persona, donde no puede ser visto. Es ahí donde *Sanidad del Nucleo* ofrece esperanza. *Sanidad del Nucleo* busca resolver los problemas de raíz que alimentan la ansiedad, la depresión, la inseguridad o el temor, mientras que se iluminan las soluciones. Para aquellos que están íntimamente relacionados con sobrevivientes de abuso sexual, este libro puede darle un profundo nivel de entendimiento necesario para traer nueva sanidad en sus relaciones.

Es tiempo de que seamos abiertos acerca del abuso sexual y empecemos a ser sanos. Este libro pone en marcha ese viaje en su punto más crítico el nucleo mismo del alma del sobreviviente.

Sanidad del Nucleo del Abuso Sexual: Un Viaje de Esperanza esta también disponible en Inglés: *Core Healing from Sexual Abuse: A Journey of Hope*.

*Finkelhor, David, et al. Sexual Abuse in a National Survey of Adult Men and Women: Prevalence, Characteristics and Risk Factors, Child Abuse and Neglect, 1990.

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