

Adult Art Psychotherapy: Issues And Applications



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In this volume, authors/editors Landgarten and Lubbers have assembled a group of practitioners to reveal the breadth and scope of adult art therapy. Drawing from work with physically and psychologically disabled adults, the first chapter, A Philosophy for Clinical Art Therapy, presents a paradigm of six existential sources of anxiety and integrates them into the art therapy process. Suicide as an Abortive Life Stage of Development explores the relevance of adult art developmental theories of identity crisis and transitions to the study of suicide. Art Psychotherapy - An Approach to Borderline Adults presents a synthesized theory of borderline psychopathology along with implications for art psychotherapy.

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