

Obstetric and Gynecologic Care in Physical Therapy

Rebecca G. Stephenson, Linda J. O'Connor



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Obstetric and Gynecologic Care in Physical Therapy Rebecca G. Stephenson, Linda J. O'Connor **Obstetric and Gynecologic Care in Physical Therapy, Second Edition** is a definitive text on women's health. Designed for the physical therapist in OB/GYN, this edition covers recent changes in the field of physical therapy as it pertains to the treatment of women.

The three sections of the text describe the foundation for physical therapy practice in women's health and the role of the physical therapist in gynecologic and obstetric care, respectively. Chapters have been updated, streamlined and reorganized, as well as expanded to reflect the evolution of this specialty practice. Chapters cover topics on women's health care in physical therapy, anatomical considerations, maternal physiology, and postpartum care. There are also new chapters on special pregnancies (including high risk and women with chronic illness and disabilities), evaluation and treatment of pelvic floor dysfunction, and on the aging female's needs.

Obstetric and Gynecological Care in Physical Therapy, Second Edition, can be used as an introduction to the field for students and clinicians unfamiliar with obstetric and gynecology practice, as well as a resource to initiate practice in the field for the experienced clinician. With a greatly expanded glossary, tables, illustrations, case studies, product information and resource appendix, and chapter self-assessment quizzes, Obstetric and Gynecologic Care in Physical Therapy, Second Edition is essential for all physical therapists involved with the evaluation and treatment of women.

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