

Prescription Alternatives, Third Edition: Hundreds of Safe, Natural Prescription-Free Remedies to Restore and Maintain Your Health

Earl Mindell, Virginia Hopkins

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Completely revised and updated, this important book covers the side effects and potential dangers of all the major prescription drugs. Dr. Earl Mindell, a trusted voice for decades, shows reader show they can replace commonly used prescription drugs with safer, natural alternatives or use nutrition to minimize side effects when prescription drugs are truly necessary.



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