



Mind-Blowing Sex: A Woman's Guide

Diana Cage

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Confidence, health, and self-knowledge are the keys to a happier sex life—and sex expert Diana Cage is here to teach you how to achieve all three. *Mind-Blowing Sex* is an inclusive, hands-on guide to making sex more enjoyable for readers of all sexual orientations. Beginning with a brief historical overview, the book provides women and their lovers with an expansive view of female sexuality—from where it's been to where it's headed—and takes a contemporary approach to sex, offering direct tips and informed advice on how to have the best, most gratifying sex possible. Irreverent yet insightful, Cage covers both the emotional and physical aspects involved in increasing sexual pleasure—including tuning into your sexual fantasies, overcoming hang-ups, touching and being touched, choosing and introducing toys, and understanding female anatomy and orgasms.

Straight-talking and non-judgmental, *Mind-Blowing Sex* will help women—straight and queer—to open their minds, reject stereotypes, educate themselves and their lovers, and learn how to enjoy sex more than ever before.

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