



**Go Wild with Confidence!: Strengthen your Inner Leader and live your best life with purpose, passion and fun!**

*PhD, Dr. Connie I. Reimers-Hild*

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# Go Wild with Confidence!: Strengthen your Inner Leader and live your best life with purpose, passion and fun!

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## **Go Wild with Confidence!: Strengthen your Inner Leader and live your best life with purpose, passion and fun!** PhD, Dr. Connie I. Reimers-Hild

Are you ready to live life with purpose, passion, and fun? Do you want to Be You & Do Something Cool? Then, take some time for yourself and make Go Wild with Confidence! part of your journey. Go Wild with Confidence! is practical guide to strengthening your Inner Leader and your life. The easy-to-use tips and tools were developed by a Certified Professional Coach and are based on over a decade of research and practical experience. Go Wild with Confidence! realizes that personal innovation comes from within and is based on self-confidence. Why? Innovation is change. And, change means action. Action must be taken with self-awareness, self-care, and self-confidence in order to work and be sustained over time. Developing your confidence is the key to discovering and living your best life! The information and exercises throughout this simple coaching guide have worked for individuals, families, teams and groups because Go Wild blends Eastern and Western philosophies with easy-to-use confidence coaching tools and a little common sense. The result: an effective confidence strengthening guide designed to help people rediscover their dreams and take inspired actions designed to make life an experience...not a to-do list. Go Wild with Confidence! includes coaching resources anyone can use, including proven coaching questions and exercises and Dr. Connie's Top 10 Confidence Boosters. Go Wild provides anyone interested in growing their confidence and their life effective, yet practical confidence-building strategies. Go Wild with Confidence! is a great resource for individuals, parents, caregivers, coaches, and trainers. Invest in yourself, your team and your family by taking a step forward in your confidence journey. Go a little wild, strengthen your Inner Leader, and grow your confidence with purpose, passion, and fun! Read this book if you want to Be You & Do Something Cool!!

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