



The Great Work of Your Life: A Guide for the Journey to Your True Calling

Stephen Cope

Download now

[Click here](#) if your download doesn't start automatically

The Great Work of Your Life: A Guide for the Journey to Your True Calling

Stephen Cope

The Great Work of Your Life: A Guide for the Journey to Your True Calling Stephen Cope
From the Senior Scholar-in-residence and Ambassador for the famed Kripalu Center for Yoga and Health comes an incisive and inspiring meditation on living the life you were born to live.

In this fast-paced age, the often overwhelming realities of daily life may leave you feeling uncertain about how to realize your life's true purpose—what spiritual teachers call dharma. But yoga master Stephen Cope says that in order to have a fulfilling life you must, in fact, discover the deep purpose hidden at the very core of your self. In *The Great Work of Your Life*, Cope describes the process of unlocking the unique possibility harbored within every human soul. The secret, he asserts, can be found in the pages of a two-thousand-year-old spiritual classic called the *Bhagavad Gita*—an ancient allegory about the path to dharma, told through a timeless dialogue between the fabled archer, Arjuna, and his divine mentor, Krishna.

Cope takes readers on a step-by-step tour of this revered tale, and in order to make it relevant to contemporary readers, he highlights well-known Western lives that embody its central principles—including such luminaries as Jane Goodall, whose life trajectory shows us the power of honoring The Gift; Walt Whitman, who listened for the call of the times; Susan B. Anthony, whose example demonstrates the power of focused energy; John Keats, who was able to let his desire give birth to aspiration; and Harriet Tubman, whose life was nothing if not a lesson in learning to walk by faith. This essential guide also includes everyday stories about following the path to dharma, which illustrate the astonishingly contemporary relevance and practicality of this classic yogic story.

If you're feeling lost in your own life's journey, *The Great Work of Your Life* may provide you with answers to the questions you most urgently need addressed—and may help you to find and to embrace your true calling.

Praise for *The Great Work of Your Life*

“Keep a pen and paper handy as you read this remarkable book: It's like an owner's manual for the soul.”—**Dani Shapiro, author of *Devotion***

“A masterwork . . . You'll find inspiration in these pages. You'll gain a better appreciation of divine guidance and perhaps even understand how you might better hear it in your own life.”—***Yoga Journal***

“I am moved and inspired by this book, the clarity and beauty of the lives lived in it, and the timeless dharma it teaches.”—**Jack Kornfield, author of *A Path with Heart***

“A rich source of contemplation and inspiration [that] encourages readers . . . to discover and fully pursue their inner self's calling.”—***Publishers Weekly***

“Fabulous . . . If you have ever wondered what your purpose is, this book is a great guide to help you on your path.”—**YogaHara**

 **Download** [The Great Work of Your Life: A Guide for the Journ ...pdf](#)

 **Read Online** [The Great Work of Your Life: A Guide for the Jou ...pdf](#)

Download and Read Free Online The Great Work of Your Life: A Guide for the Journey to Your True Calling Stephen Cope

From reader reviews:

Victoria Williams:

Have you spare time for just a day? What do you do when you have a lot more or little spare time? Yes, you can choose the suitable activity regarding spend your time. Any person spent their spare time to take a wander, shopping, or went to the actual Mall. How about open as well as read a book eligible The Great Work of Your Life: A Guide for the Journey to Your True Calling? Maybe it is for being best activity for you. You realize beside you can spend your time with the favorite's book, you can better than before. Do you agree with it has the opinion or you have additional opinion?

Gregory Kim:

This book untitled The Great Work of Your Life: A Guide for the Journey to Your True Calling to be one of several books which best seller in this year, this is because when you read this reserve you can get a lot of benefit on it. You will easily to buy this particular book in the book retail outlet or you can order it via online. The publisher on this book sells the e-book too. It makes you quickly to read this book, since you can read this book in your Smart phone. So there is no reason for you to past this publication from your list.

Ted Bryant:

Reading a e-book tends to be new life style within this era globalization. With studying you can get a lot of information that can give you benefit in your life. Using book everyone in this world may share their idea. Books can also inspire a lot of people. Lots of author can inspire their own reader with their story as well as their experience. Not only the storyline that share in the ebooks. But also they write about the data about something that you need instance. How to get the good score toefl, or how to teach your sons or daughters, there are many kinds of book which exist now. The authors on earth always try to improve their proficiency in writing, they also doing some investigation before they write with their book. One of them is this The Great Work of Your Life: A Guide for the Journey to Your True Calling.

Janet Baltimore:

This The Great Work of Your Life: A Guide for the Journey to Your True Calling is great guide for you because the content which is full of information for you who all always deal with world and also have to make decision every minute. This particular book reveal it facts accurately using great coordinate word or we can point out no rambling sentences within it. So if you are read it hurriedly you can have whole info in it. Doesn't mean it only offers you straight forward sentences but difficult core information with beautiful delivering sentences. Having The Great Work of Your Life: A Guide for the Journey to Your True Calling in your hand like finding the world in your arm, data in it is not ridiculous one particular. We can say that no e-book that offer you world inside ten or fifteen minute right but this book already do that. So , this is certainly good reading book. Heya Mr. and Mrs. busy do you still doubt this?

**Download and Read Online The Great Work of Your Life: A Guide
for the Journey to Your True Calling Stephen Cope
#TJ4716W3RSB**

Read The Great Work of Your Life: A Guide for the Journey to Your True Calling by Stephen Cope for online ebook

The Great Work of Your Life: A Guide for the Journey to Your True Calling by Stephen Cope Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Great Work of Your Life: A Guide for the Journey to Your True Calling by Stephen Cope books to read online.

Online The Great Work of Your Life: A Guide for the Journey to Your True Calling by Stephen Cope ebook PDF download

The Great Work of Your Life: A Guide for the Journey to Your True Calling by Stephen Cope Doc

The Great Work of Your Life: A Guide for the Journey to Your True Calling by Stephen Cope Mobipocket

The Great Work of Your Life: A Guide for the Journey to Your True Calling by Stephen Cope EPub