



# **How to Care for Aging Parents, 3rd Edition: A One-Stop Resource for All Your Medical, Financial, Housing, and Emotional Issues**

*Virginia Morris*

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“The bible of eldercare”—ABC World News. “An indispensable book”—AARP. “A compassionate guide of encyclopedic proportion”—*The Washington Post*. And, winner of a Books for a Better Life Award. *How to Care for Aging Parents* is the best and bestselling book of its kind, and its author, Virginia Morris, is the go-to person on eldercare for the media, appearing on *Oprah*, *TODAY*, and *Good Morning America*, among many other outlets.

*How to Care for Aging Parents* is an authoritative, clear, and comforting source of advice and support for the ever-growing number of Americans—now 42 million—who care for an elderly parent, relative, or friend. And now, in its third edition, it is completely overhauled and updated, chapter-by-chapter and page-by-page, with the most recent medical findings and recommendations. It includes a whole new chapter on fraud; details on the latest “aging in place” technologies; more helpful online resources; and everything you need to know about current laws and regulations. Also new are fill-in worksheets for gathering specifics on medications; caregivers’ names, schedules, and contact info; doctors’ phone numbers and addresses; and other essential information in one handy place at the back of the book.

From having that first difficult conversation to arranging a funeral and dealing with grief—and all of the other important issues in between—*How to Care for Aging Parents* is the essential guide.

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