



Schizophrenia: The Positive Perspective: Explorations at the Outer Reaches of Human Experience

Peter Chadwick, Peter K. Chadwick

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This fully revised second edition of *Schizophrenia: The Positive Perspective* uses biographical sketches and essays to discuss schizophrenia and related conditions, providing advice on methods of coping, routes to growth, recovery and well-being, and how schizophrenia can be viewed in a positive light. It also explores the insights of R.D. Laing and discusses how they can be applied to contemporary ideas and research.

In this expanded edition Peter Chadwick, a previous sufferer, builds on his earlier edition and introduces new topics including:

- Cannabis smoking and schizophrenia.
- Psychoanalytic approaches to psychosis and their extension into the spiritual domain.
- Using cognitive behaviour therapy in the treatment of profound existential distress.
- How experiences on the edge of madness can be relevant to understanding reality.

Schizophrenia: The Positive Perspective encourages hope, confidence and increased self-esteem in schizophrenia sufferers and raises new questions about how schizophrenia should be evaluated. It is important reading for anyone working with schizophrenic people including psychologists, psychiatrists, social workers, and other mental health professionals.

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