



Principles of Nutritional Assessment

Rosalind S. Gibson

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This is a comprehensive text on the methods - dietary, anthropometric, laboratory and clinical - of assessing the nutritional status of populations and of individuals in the hospital or the community. This *Second Edition* incorporates recent data from national nutritional surveys in the US and Europe; the flood of new information about iron, vitamin A and iodine; the role of folate in preventing neural tube defects; the use of HPLC techniques and enzyme assays; improvements in data handling; and many other developments.

A paperback edition of this book is available to readers living outside of North America and Europe.

Interested parties should contact the author at: rsgibson@nutrition.earthlight.co.nz

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