



Claiming the Spirit Within: A Sourcebook of Women's Poetry

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Edited by best-selling author Marilyn Sewell, this rich and diverse anthology of more than 300 poems celebrates the sacredness of women's lives: the experiences that shape them, the relationships that sustain them, and the legacy that they build. In these poems, women grow old, defy conventions and limits, fall in love and out again, wonder at their own bodies, and sing of the earth and sky. They pray, give birth, and make sense of suffering. As Sewell explains, "Those who write these verses do so out of exquisite courage..... They show us how to live."

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