



## 100 Meals in Minutes (My Kitchen Table)

Ainsley Harriott

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100 Meals in Minutes (My Kitchen Table) Ainsley Harriott The popular TV chef offers his favorite quick, simple but flavorsome recipes to create an essential collection for the modern, time-pressed cook

From pasta to curries to salads and desserts, this is the book that every busy person needs. Recipes include Crispy Parma Ham and Asparagus Salad; Mushroom, Almon and Garlic Soup; Glazed Monkfish Skewers with Udon Noodles; Honey-Glazed Duck with Sticky Rice; and Quick Blueberry, Lemon and Crème Fraîche Cheesecake. Includes dual measurements.



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