

The Vegetarian Diet for Kidney Disease: Preserving Kidney Function With Plant-based Eating [Paperback] [2009] (Author) Joan Brookhyser Hogan

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Packed with clearly states up to date information on the most effective methods for managing kidney disease. This valuable book has a great deal of specific information to assist readers in implementing or continuing a plant based diet that can improve the health of their kidneys. Contains detailed meal plans and recipes.



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