



Cooking Is Cool: Heat-Free Recipes for Kids to Cook

Marianne E. Dambra

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Cooking Is Cool: Heat-Free Recipes for Kids to Cook Marianne E. Dambra
Named one of *Daily Parent's* Best Cookbooks for Kids

More than 50 heat-free recipes packed with flavor and learning

Cooking can be a delicious learning experience for children. As children read recipes, measure ingredients, and taste each dish, they build math and literacy skills, practice science process skills, and explore different food groups. *Cooking Is Cool* makes all of this hands-on learning possible without stepping foot in the kitchen. These classroom-friendly recipes are all heat-free, meaning they can be made without an oven, stove, microwave, or hot plate. With your guidance, budding chefs can follow the easy instructions to transform fresh, simple ingredients into tasty snacks, beverages, entrees, and treats.

This book includes more than 50 heat-free recipes that are fun to make and taste great, an explanation of the learning that occurs as children cook, tips to create your own classroom cooking center, and nutrition information, extension ideas, and interesting food facts.

Marianne E. Dambra, president of Early Childhood Education Network of Rochester, Inc., has presented on heat-free cooking with children at national and regional conferences since 1994.

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Ernest Baker:

Book is to be different per grade. Book for children until eventually adult are different content. As it is known to us that book is very important for all of us. The book Cooking Is Cool: Heat-Free Recipes for Kids to Cook had been making you to know about other knowledge and of course you can take more information. It is very advantages for you. The guide Cooking Is Cool: Heat-Free Recipes for Kids to Cook is not only giving you a lot more new information but also for being your friend when you experience bored. You can spend your own spend time to read your reserve. Try to make relationship with all the book Cooking Is Cool: Heat-Free Recipes for Kids to Cook. You never really feel lose out for everything in the event you read some books.

Shirley Demers:

Spent a free time and energy to be fun activity to accomplish! A lot of people spent their sparetime with their family, or all their friends. Usually they performing activity like watching television, planning to beach, or picnic inside park. They actually doing same thing every week. Do you feel it? Do you need to something different to fill your own personal free time/ holiday? May be reading a book is usually option to fill your totally free time/ holiday. The first thing that you'll ask may be what kinds of publication that you should read. If you want to test look for book, may be the publication untitled Cooking Is Cool: Heat-Free Recipes for Kids to Cook can be very good book to read. May be it might be best activity to you.

Refugio Kennedy:

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