



Signs of Life: The Five Universal Shapes and How to Use Them

Angeles Arrien

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"The soul never thinks without an image," claimed Aristotle. Indeed, as Angeles Arrien displays in this reissued edition of *Signs of Life*, shapes have significant psychological and mythological meanings embedded in our minds. Understanding the messages they convey and our attraction to them opens up a door to the secret workings of our inner selves and to a fuller appreciation of the art itself. As in her widely popular *The Tarot Handbook*, Arrien applies her background as a cultural anthropologist to the important human beings attribute to shapes. Examining her results, she has developed an effective tool to determine the connection between a person's preferences for certain shapes and the same person's inner, subjective states. In the course of using Arrien's book, individuals, parents, teachers, and therapists will experience the universal processes of growth embodied in images and myths.

Life, we discover, is art, and through Arrien's fascinating journey in *Signs of Life*, we gain a new perception of the omnipresent patterns and symbols that surround us.

Illustrated throughout with drawings and photographs

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Frances Fortier:

People live in this new moment of lifestyle always try to and must have the spare time or they will get great deal of stress from both everyday life and work. So , whenever we ask do people have spare time, we will say absolutely without a doubt. People is human not really a huge robot. Then we inquire again, what kind of activity are there when the spare time coming to you actually of course your answer may unlimited right. Then do you ever try this one, reading publications. It can be your alternative inside spending your spare time, often the book you have read is Signs of Life: The Five Universal Shapes and How to Use Them.

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