



The Gold Mine Effect: Crack the Secrets of High Performance

Rasmus Ankersen

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We all want to discover our hidden talents and make an impact with them. But how? Rasmus Ankersen, an ex-footballer and performance specialist, quit his job and spent six months living with the world's best athletes in an attempt to answer this question.

Ankersen presents his surprising conclusions in seven lessons on how anyone—or any business or team—can defy the misconceptions of high performance, learning to build their own gold mine of real talent.

Rasmus Ankersen is a motivational speaker on talent and performance development and a trusted advisor for businesses and athletes around the world.

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