



# The Global Gym: Gender, Health and Pedagogies (Global Culture and Sport Series)

*J. Andreasson, T. Johansson*

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By participating in the everyday life of fitness professionals, gym-goers and bodybuilders, The Global Gym explores fitness centres as sites of learning. The authors consider how physical, psychological and cultural knowledge about health and the body is incorporated into people's identity in a local and global gym and fitness context.

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